



## Postoperative and Postbiopsy Instructions

1. A dressing has been placed over the operative site. Leave this in place for 24 hours.
2. Cleanse the operative site daily with a mild cleanser or anti-bacterial soap. Apply an over-the-counter antibiotic ointment, preferably Polysporin<sup>®</sup> ointment. Keep covered with a band-aid. A wound moist with antibiotic ointment heals with a better scar and hurts less than wounds that are allowed to dry out.  
*\*\*\*For Stitches, please keep the site covered daily until the stitches have been removed.*
3. If any bleeding is noted, apply pressure to the area for 15 minutes. If this does not stop bleeding, call the office.
4. If you are having problems related to your treatment that cannot wait until your next appointment, call the office and ask to speak with the nurse.
5. You may take Tylenol<sup>®</sup> for pain as directed on the package. A small amount of discomfort is normal after this procedure.
6. No swimming for 3 days.
7. Patients with stitches need to avoid vigorous activity (i.e. no heavy lifting or bending) for 5 – 7 days or as instructed by your provider.
8. Stitch removal \_\_\_\_\_ days.